




STUDENT PLEDGE



I Support Red Ribbon Week®

I Pledge To Grow Up Safe, Healthy & Drug Free By:

-  Understanding the dangers of drug use and abuse.
-  Respecting myself and being drug free.
-  Spreading the word to family and friends about the importance of being healthy and drug free.

Name _____ School _____

Download tips for fun Red Ribbon activities at www.redribbon.org





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PARENT PLEDGE



I Support Red Ribbon Week®

I Pledge To Help Kids Grow Up Safe, Healthy & Drug Free By:

-  Talking to my kids about the dangers of drug use and abuse and setting clear rules about not using drugs.
-  Working together with the parents of my children’s friends to set common boundaries and monitor behavior so that our rules are respected and reinforced.
-  Setting a good example for our children by not using illegal drugs or medicine without a prescription.
-  Visiting www.redribbon.org to learn more and spread the message to family and friends.

Name _____ School _____

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“Children of parents who talk to their teens regularly about drugs are 42% less likely to use drugs than those who don’t; yet, only a quarter of teens report having these conversations” (www.redribbon.org). Conversations work! And it’s not too early to start. Have a meaningful, healthy conversation with your child today! Make sure they know that their future is too important to mess around with drugs and sign this pledge with them. Please have them turned in by Friday.

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